

OARP Bulletin from the Board

September 2007

Sports & Rehabilitation

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CCM, CRC, CLCP

Sports history was made on August 7, 2007, when Barry Bonds of the San Francisco Giants broke Hank Aaron's all-time home run record. Controversial because of Bonds' alleged steroid use, he is under investigation.

A more subtle medical issue in sports is brain injury caused by one or more concussions. The National Football League's commissioner, Roger Goodell, convened a summit with representatives from every team on 6/19/07 (www.onlyagame.org). Research has shown multiple concussions have often resulted in early brain damage such as Alzheimer's Disease or dementia. Some former NFL stars who have committed suicide have been shown on autopsy to have significantly damaged brain tissue.

Helpful reading is *Head Games: Football's Concussion Crisis* by Christopher Nowinski. One review from the amazon.com website says in part, "As an emergency medicine physician I found this to be a very entertaining and informative book that should be a mandatory read for all parents, coaches, and health care professionals that are associated with contact sports. The author related up to date medical thinking

in an easy to understand way that will have the majority of physicians thinking, "Wow, I didn't know that!"

The Brain Injury Association publishes palm cards printed with "Management of concussion in sports." These can be obtained by calling (800) 321-7037 or www.onlyagame.org/features/2007/08/BrainInjuryConcussionCard.doc.

Helpful Website

Go to www.naric.com for the National Rehabilitation Information Center, an on-line gateway to disability and rehabilitation oriented information. Categories include spinal cord injury, help finding jobs, or starting a business, home accessibility, articles and reeseach.

Call to MEMBERS:

The OARP board is looking for new committee members to participate in

our planning of events, training, and publications. We seek any individuals eager to contribute to our professional organization.

Pressured on time? Concerned about "fitting" OARP in to your schedule? We are also looking for ideas for presentations and conference topics. If you are unable to participate as a committee member but have a suggestion of a topic along with a speaker, please let us know. We are eager to meet your professional development needs.

Reminder: Suits for Soldiers

IARP HQ continues to seek assistance for soldiers returning from overseas in their pursuit to return to the workforce. IARP is looking for donations to help them return to the workforce, able to dress the occasion. They are seeking classic timeless suits, new dress shirts, blouses, ties, or

panty hose.

Feel free to call: Kimberlee Foye (OARP President) at 503-872-1839 and she will provide you with shipping & donation information.

OUR Web site is UPDATED!!!

Please check out our new web site! Enjoy access to our past conferences, bulletins, and Newsletters, as well as membership and professional links! www.oarp.org

OARP Offices

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A Chapter of IARP

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Visit the OARP website at:
<http://www.oarp.org>

DATES to REMEMBER!!!

9/28/07--OARP 2007 Fall Conference Holiday Inn, Wilsonville, OR

All attendees will receive a coupon for free registration to the 2-hour ethics seminar with national speaker Maria Henderson on 10/11/07.

By September 14

OARP Member	\$100.00
Non-Member	\$150.00

After September 14

	\$150.00
	\$200.00

10/11/07--4:30pm-7:00pm

Ethics in Disability management with Maria Henderson at The Standard, 900 SW Fifth Ave, Portland

\$35 Members \$50 non-members

Directions, Tri-Met, and parking information on back →



Map of: 900 SW 5th Ave in Portland



Legend	
Frequent Service Bus Routes — — — — —	Fareless Square □ □ □ □ □
Bus Routes - - - - -	Fare Zone Boundary □ □ □ □ □
MAX Lines ● ● ●	Inside TriMet Boundary □ □ □ □ □
Blue Line & station	Outside TriMet Boundary □ □ □ □ □
Red Line & station	Park ■ ■ ■ ■ ■
Yellow Line & station	Points of Interest
— — — — —	Portland Streetcar
● ● ●	Bus Stop
TC	Transit Center
P	Park & Ride
	L Library
	S School or College
	H Hospital

SmartPark locations: 4th & Taylor; 4th & Morrison