

From the President OARP Visits PSU Class

Brendan Flynn (Pres) and Kim Foye (Pres elect) met with first year graduate students of Portland State University's Counselor Education-Rehabilitation Track program on 10/28/09 to describe IARP/OARP and the benefits of belonging to professional organizations. Brendan and Kim were also joined by fellow OARP member Ali Manitsas to discuss our current jobs within the vocational rehabilitation industry to give students examples of the wide range of employment opportunities that exist in our profession. Brendan described his work as a Vocational Case Manager in Short and Long Term Disability with Standard Insurance Company and Kim discussed her work with as a Return to Work Manager with Union Pacific Railroad while Ali spoke about her current work as a Vocational Rehabilitation Counselor in private Worker's Compensation in Oregon and Washington with Human Resources Development Inc. The class consisted of 14 students in the Foundations of Rehabilitation class. Our presentation gave the students the opportunity ask great questions about the vocational rehabilitation field and future employment opportunities as they proceed through their graduate program at Portland State University.

Brendan Flynn
OARP President
2009-2010

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Swine Flu Update

by Michele Nielsen, RN, MA,
CRC

Perhaps you are tired of hearing about this flu but we'll just update you a little. Many think they have suffered from the H1N1 virus because their flu symptoms have occurred before the typical start of seasonal flu. Without specific testing, it's not possible to know, but testing would not change how we are treated. Flu, whether swine or seasonal, is diagnosed based on symptoms. Symptoms include some or all of the following:

- Fever (usually high) – know that not everyone will have a fever
- Headache
- Extreme tiredness

- Dry cough
- Runny or stuff nose
- Muscle aches
- Sore throat
- Vomiting
- Sometimes diarrhea

Guidelines about what we should do, whether for regular or swine flu, are:

- Stay home if you are sick. Err on the side of missing activities.
- Wash your hands a lot (and use hand sanitizer a lot).
- Cough or sneeze into a tissue or your elbow, not your hands.
- Never eat anything until you wash your hands.
- Stay home for at least 24 hours after your fever, if you had one, is gone.

- Prescription-only antiviral drugs can treat both H1N1 and seasonal flu, making your illness milder, you feel better faster, and prevent complications. They work best if started within the first two days of symptoms.

As of 11/10/09, Oregon and Washington are two of 48 states reporting widespread influenza, according to the CDC. Almost all of the viruses identified so far continue to be H1N1 influenza A viruses. They remain susceptible to oseltamivir (Tamiflu) and zanamivir (Relenza). One current study indicates these drugs should be reserved for people who are at increased risk of complications such as those with diabetes or asthma. Both drugs trimmed nearly a day off the duration of the flu for such patients.

IARP News

NEWS Brief:

Dennis Funk, Chair of the Council of Chapter Presidents reports that a new IARP website is in the offing. The new site should be more "inter-active" with local chapters and have an updated format. Good news for local chapters.

REMINDER!

For every International Association of Rehabilitation Professional:

2010 Case Management and Disability Management Section Conference is Coming up February 11-23, 2010, in Scottsdale, Arizona at the Doubletree Paradise Valley Resort.

(More details on Disability Management Conference continued on page 2.)

YOU ARE INVITED!
OARP 2009 Holiday Social
Windows Skyroom at the
Red Lion Hotel
5:00 PM – 7:00 PM
Thursday, December 3, 2009
1021 NE Grand Avenue,
Portland, OR 97232

*RSVP with your full name by email to
rsvp@oarp.org*

Social immediately follows the 3:00-5:00 PM **WCD Rules Training**, also taking place at the Red Lion. WCD is offering 2.0 hours of CEU. For details, contact Kara Olsen at WCD:
(503) 947-7515 kara.r.olsen@state.or.us

WCD Speakers and Discussion Topics

- Delmi Hernandez on the 120 Rules Updates
- Tim Kessel on the 105 and 110 Rules Updates

Disability Management

(continued from pg 1)

YOU CAN SAVE MONEY!!! With Early Bird Registration prior to December 1, 2009!

YOU HAVE THE OPPORTUNITY TO EARN UP TO 18.25 contact hours, including 2.5 hours in **ETHICS!!!**

If you have any questions about the IARP CM/DM Conference or about registration please contact IARP Headquarters at 847-657-6964 or via email at: iarp-meeting@tcag.com

OARP Newsletter Editors:

Ed Hickok, MA, CRC, CDMS

Michele Nielsen, RN, MA, CRC

Visit the OARP website at: <http://www.oarp.org>

OARP 2009 Fall Conference Was Great!

The OARP Fall conference, October 9, 2009, was well attended. The central assembly area was filled with vendor's tables and exhibits. OARP has continued to have success with attracting vendors to our conferences, with 17 participants this year.

Energy and Information were the focus of the Fall Conference! Once again the Wilsonville Holiday Inn provided an attractive, redesigned setting for vendors, presenters and attendees. Every effort was made by the facilities staff to take care of our needs.

Brendan Flynn, chapter president presided over presentations largely focused on:

- Placement and employability of convicted felons.
- The newest innovations in voice activated software and applications.
- Vocational and Neuropsychological testing and application with our clients.
- Ethics for our profession and ethical dilemmas

Presenters included:

- Jennifer Gaffney, MA, CRC, ABVE.
- Lawrence H. Moore, Ph.D.
- Shauna Kennedy, Employment and Training Specialist, Clackamas County Community Corrections
- Ed Rosenthal, President & CEO of Next Generation Technologies
- Dillon Snowden, Ph.D., CRC, CCM, LPC.

See photos on this page:

1) Brendan Flynn opens the conference. 2) Dillon Snowden anchored the conference, ending with a "Townhall Meeting on Ethics." 3) Jenipher Gaffney (3a) and Lawrence Moore (3b) discussed Vocational and NeuroPsychological Testing. 4) Shauna Kennedy presented on Felony Convictions and JD/Employability. 5) Ed Rosenthal reviewed the state of the art in Voice Activated Computer Programs.

